



TEKNIKKARALLI

All of our swimming teachers have completed the Finnish Swimming Teaching and Lifesaving Federation's (FSL) swimming teacher's degree. Uimaseura Aquila ry has a group accident insurance that covers all of our swimming schools and courses.

NOTICE!

All questions related to tekniikkaralli to Uimaseura Aquila's email: uimakoulut@uimaseura-aquila.fi. This way we can ensure you a quick response.

Before enrolling, take your time to carefully read the guidelines listed below.

WHAT IS "TEKNIKKARALLI"?

Tekniikkaralli is a versatile swimming course in the big pool targeted to children. In a fun, yet challenging way children learn the basics of competitive swimming and further their swimming abilities.

Children will be taught competitive swimming strokes: butterfly stroke, backstroke, breaststroke and freestyle. Children will also learn versatile abilities of competitive swimming, such as starts, turns and swimmers etiquette.

WHO IS TEKNIKKARALLI TARGETED TO?

Tekniikkaralli is targeted to children **over 5 years-old**, who already have the ability to swim **100 meters (25m on their back)**.

As body control is one of the main goals in tekniikkaralli, this course fits excellently to all children – not just those who swim as their hobby.



ENROLLMENT

You can enroll in tekniikkaralli via Uimaseura Aquila's MyClub -platform, at:

<https://uimaseura-aquila.myclub.fi/flow/events/public>

You can create accounts into the MyClub -platform only after enrollment opens.

Please notice that in MyClub, every child is enrolled individually with their own personal account. If you're enrolling more than one child for tekniikkaralli, **make every child their personal account.**

Remember: tekniikkaralli's age limits and requirements are absolute.

In additional information, remember to mention any factors that might affect your health or learning during the course.

NOTICE! Add in your own phone number. This way we can ensure quick communication in sudden situations, such as cancelations.

A step-by-step guide for enrollment can be found in another file.

PAYMENTS

Payments are paid **directly** upon enrolling via an online bank service.

NOTICE! If the payment isn't made **within an hour** of enrolling, **the place is not reserved** and is freed to the next enroller.

TERMS OF CANCELATION

Tekniikkaralli can be canceled one week (7 days) prior to the beginning of the course. The payment will be returned minus a 5 euro service fee.

Tekniikkaralli cannot be canceled less than a week (7 days) prior to the beginning of the course. An uncanceled tekniikkaralli will be charged full.



If a lesson needs to be skipped or the course needs to be completely canceled due to sickness or injury, the unused lessons will be reimbursed – **a medical certificate is required.**

Uimaseura Aquila ry only reimburses the lessons that are covered by the duration of the medical certificate. A canceled tekniikkaralli cannot be rescheduled.

Cancellations only via email: uimakoulut@uimaseura-aquila.fi

ENTIRELY CANCELED COURSE

If tekniikkaralli is not organized for some reason, we will notify the enrollers before the course's start via email. In this case, payments will be returned full.

GROUP INSURANCE

Uimaseura Aquila ry insures every child participating in tekniikkaralli with "Vesipeto-harrastepassi" -group insurance. The group insurance is included in the course price.

For insurance, we need the information listed below:

- Child's full name
- Child's social security number / personal identity code
- Child's address, postcode and city / municipality
- Guardian's full name
- Guardian's email address
- Guardian's phone number

Make sure to fill in this information while enrolling!

If you want to participate in tekniikkaralli with your own insurance, a copy of your insurance must be provided before the course begins to: uimakoulut@uimaseura-aquila.fi

ADDITIONAL INFORMATION

Fill in "*permission to photograph*" carefully: you can follow the progress of the course on our Instagram page.

Instagram: @uimaseura_aquila

Tekniikkaralli begins at the given time at Kotkan uimala Katariina by the front doors.

Guardians are not allowed inside the swimming hall during the lessons. During the last "presentation lesson", guardians are welcome inside.



The swimming hall is closed to the public during the lessons. Our personnel wait by the front doors until tekniikkaralli begins. After this, the doors are closed.

Bring with you: a swimming suit, swimming goggles, towel and personal care products. We recommend a swimming cap for longer hair.

If your child can independently come and go from the lessons, **ask our staff for a permit slip.** If a permit slip is not filled and given to the staff, the child will wait after the lesson for their guardians. The child will wait with our personnel to ensure safety.

THE PERMIT SLIP: (Translated below)



LUPA ITSENÄISEEN LIIKKUMISEEN

Minä annan luvan _____

liikkua itsenäisesti Uimaseura Aquila ry:n kurssille sekä poistua itsenäisesti kurssin päätyttyä.

Kotkassa ____ . ____ . _____

Huoltaja 1

Huoltaja 2

Nimen selvennys:

Lupa on riittävä yhden huoltajan allekirjoitus.

Nimen selvennys:



Permit for independent travel to / from swimming lessons

I give permission for _____ (Child's name)

to travel independently to swimming lessons and to exit independently after the lesson ends.

In Kotka, ____ . ____ . ____ (Date)

Guardian #1

Guardian #2

(Signature)

(Signature)

PRINT NAME:

PRINT NAME:

For further information, contact uimakoulut@uimaseura-aquila.fi